



# Ways to Save at Home

Use this helpful checklist to find easy energy-savings while spending more time at home.

Looking for other ways to save? Take a free [Home Energy Checkup](#) to find out where you use the most energy.

## Electronics



- Check your settings**  
Look for power-saving settings on your computer and office equipment. Many models include low-power modes that can reduce the energy used.
- Shut it down**  
Turn off your computer completely when away for 20 minutes or longer. Sleep or standby modes still use energy.
- Plug in**  
Plug your equipment into a [smart power strip](#) to easily shut off power to multiple devices when done for the day.
- Get connected**  
Create efficiencies with a [connected home](#). A smart home hub provides energy monitoring and automation features that can help you save throughout the day. Choose from multiple [connected home products](#) to create your own smart home.
- Buy efficient**  
If buying a new device, look for the [ENERGY STAR](#) symbol. It signifies that a product has met strict energy-efficiency requirements. The [PG&E Marketplace](#) can also help evaluate energy efficient makes and models.
- Get additional help**  
Consider the [Home Intel](#) program to analyze your home energy use and provide an energy coach to help you lower energy use.

## Heating and cooling



- Program your thermostat**  
Use a smart or programmable thermostat to control your home temperature. These devices can be programmed to run on your schedule to ensure you don't waste money while away. PG&E offers [smart thermostat rebates](#) up to \$120 to help support these efforts.
- Set the right temperature**  
If programming your thermostat, set it to 68°F degrees in the winter and 78°F degrees in the summer, health permitting.
- Use your windows**  
Use window coverings to allow or prevent the outside temperatures to impact your home's temperature. Closing blinds or drapes on a cold winter day can help to keep the cold from migrating further into the room.
- Space heaters and fans**  
If you spend most of your time in one room, use smaller or localized heating and cooling equipment, like space heaters or ceiling fans, to keep you comfortable. Make sure to follow all safety requirements associated with the equipment.
- Get additional help**  
Consider the [Comfortable Home Rebate program](#) which provides rebates for energy efficient equipment.

## Lighting



- Use natural light**  
Rely on natural light if available. Opening blinds or drapes on sunny days can supply light without using other light sources.
- Bulbs**  
Replace any old light bulbs with [LED lighting](#). LEDs not only use less energy, they also last longer.
- Spotlight your workspace**  
Use task lighting instead of overhead lighting whenever possible. Desk lamps or lights directly over a working area supply the light directly where it is needed.
- Get additional help**  
Consider the [Home Energy Rewards](#) program which provides a free energy saving kit to help lower your energy costs.