

Just One Thing – LED Lighting

Audio Description

Jeanette Pavini, a woman with long dark hair, is seated on a living room couch as she introduces herself with a tip for “Just One Thing – How to save money with LED lighting”. She holds an advanced LED light bulb in her hand and plugs it into a lamp stand. She then replaces an overhead light with an advanced LED light. Jeanette points out dimmer switches on the wall, and finally is seen sitting on the couch reading a book next to a table lamp. She closes the segment where she started it as the graphic shows the tips for “just one thing.”

Transcript

- Hi, I'm consumer expert Jeanette Pavini with just one thing to do to save money. If you haven't already, it's time to switch over to advanced LED lights. These new, high-efficiency bulbs use 75% less energy, are better for the environment, and even improve the quality of light throughout your home. Plus, they help you save energy every time you flip the switch. Start by replacing your home's five most frequently used lights with advanced LEDs to save up to \$75 a year. Since they can last up to 20 years, that really adds up. You can also save energy by installing dimmer switches, timers, or motion sensors. When possible, turn off overhead lights and use table lamps to illuminate your immediate surroundings. Today, try just one thing. Switch your most frequently used lights to advanced LEDs, install dimmers, switches, timers, or motion sensors, or use lamps to light small areas.